

## TEST PAPER – 1 CBSE BOARD CLASS - X ENGLISH

Time : 3 Hours

Max. Marks : 80

### SECTION - A Reading section

- I.** Read the following text. **[10]**
- (1) 'Vegetables' are important protective food and highly beneficial for the maintenance of health and prevention of disease. They contain valuable food ingredients which can be successfully utilized to build-up and repair the body.
- (2) Vegetables are valuable in maintaining alkaline reserve in the body. They are valued mainly for their high vitamin and mineral contents. Vitamins A, B and C are contained in vegetables in fair amounts. Faulty cooking and prolonged careless storage can, however, destroy these valuable elements. There are different kinds of vegetables. They may be edible roots, stems, leaves, fruits and seeds. Each group contributes to diet in its own way. Roots are high in energy value and good sources of vitamin B group. Seeds are relatively high in carbohydrates and proteins.
- (3) Leaves, stems and fruits are excellent sources of minerals, vitamins, water and roughage. It is not the green vegetables only that are useful. Farinaceous vegetables consisting of starchy roots such as potatoes, sweet potatoes, the tubers and legumes are also valuable. They are excellent sources of carbohydrates and provide energy to the body.
- (4) To derive maximum benefits of their nutrients, vegetables should be consumed fresh as far as possible. Most vegetables are best consumed in their natural raw state in the form of salads. An important consideration making salads is that the vegetables should be fresh, crisp and completely dry. If vegetables have to be cooked, it should be ensured that their nutritive value is preserved to the maximum extent possible. The following hints will be useful in achieving this:
- (i) The vegetables, after thorough wash, should be cut into as large pieces as possible.
  - (ii) The cut pieces should be added to water which has been brought to boiling point and to which salt has been added. This is necessary to avoid loss of B-complex vitamins and vitamin C
  - (iii) Only bare minimum water necessary to cover vegetables should be used. Spinach and other tender greens need no water.
  - (iv) Vegetables should not be exposed to atmospheric air. They should be covered tightly while cooking.
  - (v) They should be cooked for as short a time as possible. They should be cooked till they are just soft to touch for easy digestion.
  - (vi) They should be served hot.
- To prevent loss of nutrients in vegetables, it would be advisable to steam or boil vegetables in their own juices on a slow fire and the water or cooking liquid should not be drained off. If the vegetables are boiled hard and for a long time in a large quantity of water, they would lose their nutritive and medicinal values.
- (5) No vegetable should be peeled unless it is so old that the peeling is tough and unpalatable. In most root vegetables the largest amount of minerals is directly under the skin and these are lost if vegetables are peeled. Soaking of vegetables should also be avoided if taste and nutritive value

are to be preserved. Finally, vegetables should not be cooked in aluminium utensils. Aluminium is a soft metal and is acted upon by both food acids and alkalis. There is scientific evidence to show that tiny particles of aluminium from foods cooked in such utensils enter the stomach and that the powerful astringent properties of aluminium injure the sensitive lining of the stomach, leading to gastric irritation, digestive and intestinal ailments.

- (6) An intake of about 280 grams of vegetables per person is considered essential for maintenance of good health. Of this, leafy vegetables should constitute 40 per cent, roots and tubers 30 per cent and the other vegetables like brinjals, ladies fingers the remaining 30 per cent.

**Answer the following questions, based on the passage.**

- (i) Vitamins present in vegetables can be destroyed due to \_\_\_\_\_. **[1]**  
 (A) faulty cooking and consumption (B) poor storage and exposure to rain  
 (C) faulty cooking and poor storage (D) poor storage and poor eating habits
- (ii) Complete the sentence appropriately. **[1]**  
 Carbohydrates and proteins are higher in \_\_\_\_\_.
- (iii) Complete the sentence appropriately. **[1]**  
 The ideal way to eat vegetable is \_\_\_\_\_.
- (iv) To avoid loss of B-complex vitamins and vitamin C while cooking, what are the two things we should follow? **[1]**  
 1. Cut the vegetables in small pieces  
 2. Cut the vegetables in large pieces  
 3. The vegetables should be added to boiling salted water  
 4. Bare minimum water to be used with no salt  
 (A) (1) and (4) (B) (2) and (4) (C) (2) and (3) (D) (1) and (3)
- (v) Justify the following, in about 40 words. **[2]**  
 "Vegetables should not be cooked in aluminium utensils".
- (vi) Complete the sentence appropriately. **[1]**  
 The correct percentage of vegetables to be consumed for good health is \_\_\_\_\_.
- (vii) Infer how we can derive the maximum benefit from vegetables' nutrients. Answer in about 40 words. **[2]**
- (viii) Which of these following statements is false? **[1]**  
 (A) Vegetables should be cooked for as short a time as possible.  
 (B) Vegetables should not be cooked in aluminium utensils.  
 (C) Roots are high in energy value and good sources of vitamin A group.  
 (D) An intake of about 280 grams of vegetables per person is considered essential for maintenance of good health.

**II. Read the following text. [10]**

- (1) Here are some questions to ponder. Do you know why a certain film star received an arsenal of weapons from a gangster terrorist? Do you know why witnesses who turn hostile do not get prosecuted for either perjury or wasting police time, or both? Do you know why it takes a decade or longer to try a criminal case in India? Have you ever thought any solutions to these problems? If you haven't, it might be because of the type of education you received!

- (2) Most of us reluctantly accept the way things are because we have been educated to be accepting. We are not educated to be openly critical. We are not educated to argue, protest or confront. The Brits made no bones about it – in their schools we were educated to accept given values and ways of doing things. We were trained to be loyal servants to the status quo.
- (3) Most of us oldies were subjected to the traditional approach to learning that focused on mastery of content, with little emphasis on the development of analytical skills and the nurturing of inquiring attitudes. We were the receivers of information, and the teacher was the dispenser. The passivity encouraged by teachers was typified by one of my principals who implored all the girls to be like 'limpid water in a crystal vase.'
- (4) These days I am kept very busy by schools that are running teacher-training courses to introduce the 'inquiry approach' to learning. Unlike traditional learning, this approach is focused on using and learning content as a means to develop information-processing and problem-solving skills. This system is more student-centered, with the teacher as a facilitator of learning. There is more emphasis on "how we come to know" and less on "what we know". Students are more involved in the construction of knowledge through active analysis and investigation. They are encouraged to ask questions, and give opinions and share what they know. They are encouraged to criticise and argue, and confront the conventional wisdom.
- (5) At the moment, this new approach is restricted to a few schools. However, this year, the ability to critically analyse has been introduced as part of the CBSE school syllabus. It is a small start but it is a move towards introducing thinking skills into all of our schools. It is the start of a big change.
- (6) Our government and bureaucracy are full of old, well-educated people of a traditionalist background, who also see, read and hear the news reports about hostile witnesses, gangsters and film stars, and murders by politician's sons. Like us they find them outrageous, but they don't know how to change things. Critical analysis, change management and innovation were not part of their schooling, and in adult life they have not become freely critical, outspoken analysts capable of applying the fruits of their analysis to increasingly complex problems.
- (7) We often come across the shortcomings of our government, judiciary and media. With very little effort, these shortcomings will become a thing of the past. But they will be a long time coming. Not because our 'leaders' and societal managers are unfeeling, immoral, self-seekers but because they were educated and excelled in consulting a textbook, and regurgitating someone else's opinion and knowledge. As the newly educated might say : we can expect the same for a long time to come.

**Answer the following questions, based on the passage.**

- (i) Why do we accept the things reluctantly, according to the author? [2]
- (ii) "With very little effort, these shortcomings will become a thing of the past." Which shortcoming is the author referring to? [1]
- (iii) Complete the following sentence appropriately : [1]  
In the traditional method of learning, the teacher was the dispenser and the students were
- (iv) What does the author feel about the ability to critically analyse that has been introduced as part of the CBSE school syllabus? [1]
- (v) What kind of education did the Brits provide us during their reign? [1]
- (vi) 'It is the start of a big change.' Of which change is the author talking about? [2]
- (vii) According to the author, all the girls were implored to be like \_\_\_\_\_. [1]

- (viii) The government and bureaucracy feel the outrage against injustice and other wrong doings but do not challenge it because \_\_\_\_\_. [1]  
 (A) they've been taught to accept the status quo  
 (B) they have not become freely critical, outspoken analysts, capable of questioning things  
 (C) they were not educated  
 (D) both A and B

### SECTION – B

#### Grammar & Writing Section

- III. Complete ANY TEN of twelve of the following tasks, as directed. [1 × 10]

- (i) Choose the correct option to complete the given sentence. [1]

\_\_\_\_\_ people in our office have no idea about health care policies.

- (A) Much (B) Many (C) Little (D) More

- (ii) Identify the error in the given sentence and supply its correction. [1]

One of the joys on being eighteen years old is that we acquire driving license and hence, drive.

Error	Correction

- (iii) Select the option that identifies the error and supplies the correction for the following line. [1]

Sachin Tendulkar is not have thought much about the ministry in sports.

Option No.	Error	Correction
A.	is, much	was, more
B.	is, in	may, of
C.	have, in	being, of
D.	about, in	for, of

- (iv) Choose the correct option to complete the following sentence. [1]

Your phone \_\_\_\_\_ for the last 10 minutes, you better answer.

- (A) had been ringing (B) rang  
 (C) has been ringing (D) rings

- (v) Select the correct option to complete the following sentence. [1]

He \_\_\_\_\_ fined if he \_\_\_\_\_ on the phone while driving.

- (A) is, talks (B) will be, did not talk  
 (C) would not have been, had not talked (D) had not been, did not talks

- (vi) Choose the correct option to complete the following sentence. [1]

Jaya \_\_\_\_\_ on the 5th of this month at the temple.

- (A) had married (B) got married (C) has married (D) marries

- (vii) Choose the correct option to complete the following sentence. [1]

No sooner \_\_\_\_\_ Sara presented with the award than she started crying.

- (A) was (B) had (C) has (D) is

- (viii) Choose the correct option to complete the following sentence. [1]

Pasta is my favourite food but today I \_\_\_\_\_ eat burger instead.

- (A) could (B) must (C) shall (D) can

- (ix) Choose the correct option to fill in the blank. [1]

I'm so hungry my stomach just \_\_\_\_\_ like thunder.

- (A) growled (B) had growled (C) growls (D) is growling

**Choose the correct option to complete the given paragraph.**

Harry is going to buy tickets for his friends at the movies. He walks up to the ticket counter and says, "4 tickets of The End Game movie, please". The staff answers, "We have a 3 pm and a 4 pm show, (x)\_\_\_\_\_?" Harry replies, "The 3 pm one." The staff says, "(xi)\_\_\_\_\_?" Harry answers, "By cash." The staff handed over 4 tickets to Harry; he smiled and (xii)\_\_\_\_\_ the staff.

- (x) (A) Which one would you like to book (B) What movie are you watching [1]  
(C) When are you coming (D) Do you want some water

- (xi) (A) How many seats do you want (B) Would you like to pay by card or cash  
(C) Would you go home in between (D) Can I refer you to another place

- (xii) (A) waved at (B) thanked (C) swore at (D) screamed at [1]

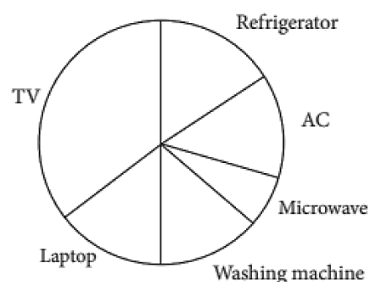
**Writing**

- IV.** (i) Write a letter to Delhi Sports, Daryaganj, New Delhi, placing an order for sports items like footballs, cricket balls, tennis balls and cricket bats to be supplied to your school. Sign as Ravi/Raveena, Sports Secretary. [5]

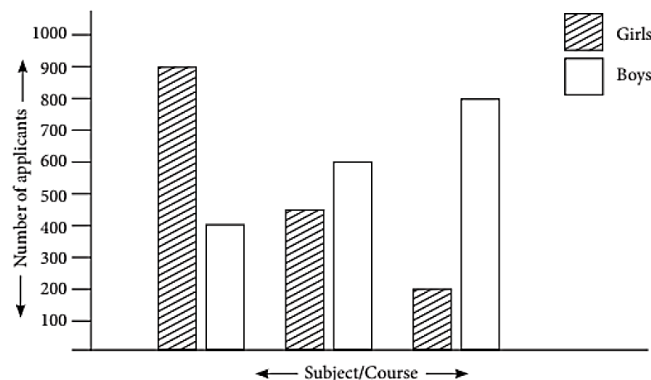
**OR**

- (ii) You recently visited a government hospital. You were shocked to see the poor state of sanitation. Write a letter to the Director of Health Services requesting him to pay urgent attention to this situation and take remedial measures. You are Lokesh/Lalita, D-76, Anandpur, Delhi. [5]

- V.** (i) The given pie chart shows a variety of different electronic appliances used by average middle class families of old Gurugram. Write an analytical paragraph in about 100-120 words elaborating the given information. [5]

**OR**

- (ii) Given is a bar graph showing the subject choices of boys and girls at the time of admission in a big university of Delhi. Write an analytical paragraph in about 100-120 words based on the statistics of the graph. [5]



## SECTION – C

### Literature

- VI.** Read the given extracts and answer the questions for ANY ONE of the two, given. **[5]**
- A.** As she and her husband turned away in terror, the extraordinary chair pushed them both out of the room and then appeared to slam and lock the door after them. Mrs Hall almost fell down the stairs in hysterics.
- She was convinced that the room was haunted by spirits, and that the stranger had somehow caused these to enter into her furniture.
- "My poor mother used to sit in that chair," she moaned! "To think it should rise up against me now!" The feeling among the neighbours was that the trouble was caused by witchcraft.
- (i)** What happened to Mr. and Mrs. Hall when they entered Griffin's room? **[2]**
- (ii)** Pick the option that best describes how Mrs Hall must be feeling at the moment described in the extract. **[1]**
- (A) Stunned and Furious (C) Outraged and Nervous  
(B) Shocked and Outraged (D) Stunned and Agitated
- (iii)** Pick the sentence that brings out the meaning of 'hysterics' as used in the extract. **[1]**
- (A) My friend and I were in splits when we saw the clown's antics.  
(B) I don't know why I suddenly felt worried about flying home.  
(C) The sight of blood put the old man in a frenzy.  
(D) The people who had witnessed the accident were spellbound.
- (iv)** The neighbours thought it was 'witchcraft'. This tells us that the neighbours were \_\_\_\_\_. **[1]**
- OR**
- B.** "Our elders are often heard reminiscing nostalgically about those good old Portuguese days, the Portuguese and their famous loaves of bread. Those eaters might have vanished but the makers are still there. We still have amongst us the mixers, the moulders and those who bake the loaves. Those age-old, time-tested furnaces still exist. The fire in these furnaces has not yet been extinguished. 'The thud and jingle of traditional baker's bamboo, heralding his arrival in the morning, can still be heard in some places.'"
- (i)** The narrator says that the furnaces were 'time-tested' because **[1]**
- (A) they had been thoroughly tested each time, before being used  
(B) they had proved the test of time and were working well  
(C) they had been tested by modern day experts  
(D) they had the power to withstand inexperienced usage
- (ii)** The 'fire in the furnaces has not yet been extinguished' implies that **[1]**
- (A) the furnaces are still being used to bake the loaves of bread.  
(B) The fire is in the process of being reviewed as a replaceable method for heating furnaces.  
(C) The furnaces are very strong and cannot be shifted for use in other areas.  
(D) The fire in the furnaces takes a long time to cease burning, once lighted.
- (iii)** Why do you think the baker came in with 'a thud and a jingle'? **[2]**
- (iv)** Pick the idiom that brings out the same meaning of 'reminiscing' as used in the passage. **[1]**
- (A) Train of thought (C) Commit something to memory  
(B) A trip down memory lane (D) Jog somebody's memory

- VII.** Read the given extracts and answer the questions for ANY ONE of the two, given. **[5]**
- A.** He should be lurking in shadow,  
Sliding through long grass  
Near the water hole  
Where plump deer pass.
- (i)** Which fact DOES NOT connect with the significance of the water hole for the tiger? **[1]**  
(A) Many tigers chase prey into the water and holds the victim's head under water until it drowns.  
(B) Prey feed in the water on water-lilies, and often wander into the middle of the water hole, where they are vulnerable and easy for the tiger to kill.  
(C) Prey that has quenched its thirst ensures consumption of hydrated meat for the tiger.  
(D) Chasing the panicked prey from shallow to deep water where the tiger grabs it.
- (ii)** Pick the option that DOES NOT use 'lurking' correctly to fill in the blank. **[1]**  
(A) The thug was \_\_\_\_\_ in the alley late evening, for unsuspecting passers-by.  
(B) The hyena was \_\_\_\_\_ in its den after a good meal.  
(C) The detective cautioned her team about the \_\_\_\_\_ dangers likely to impact the case.  
(D) The prejudices \_\_\_\_\_ beneath the surface create misunderstandings.
- (iii)** What does the poet wish for the tiger, according to the extract? **[2]**
- (iv)** Complete the following sentence : **[1]**  
The phrase \_\_\_\_\_ does not suggest that the forest in the extract is lush.
- OR**
- B.** Belinda giggled till she shook the house,  
And Blink said Weeck! which is giggling for a mouse,  
Ink and Mustard rudely asked his age,  
When Custard cried for a nice safe cage.  
Suddenly, suddenly they heard a nasty sound,  
And Mustard growled, and they all looked around.
- (i)** What can you infer from the repetition 'suddenly, suddenly' in the above extract? **[1]**
- (ii)** A cage means captivity. Why is Custard inclined to remain in a cage despite what it symbolises? 'This is so because he viewed it as a \_\_\_\_\_. **[1]**
- (iii)** What do you understand by the literary device 'hyperbole'? In which line this device has been used in the extract? **[2]**
- (iv)** Which belief about dragons is in contrast to Custard's behaviour in the extract. **[1]**  
(A) Dragons are brave and feared.  
(B) Dragons can grant wishes.  
(C) Dragons can become invisible at will.  
(D) Dragons are soft-hearted and kind.
- VIII.** Answer ANY FOUR of the following five questions, in about 40-50 words. **[4 × 3 = 12]**
- (i)** What made Mr. Keesing allow Anne to talk in class? **[3]**
- (ii)** Why was Lencho angry when he received the letter? **[3]**
- (iii)** Why does Custard cry for a nice safe cage? Why is the dragon called "cowardly dragon"? **[3]**
- (iv)** Why did prince Siddhartha leave the palace and became a beggar? **[3]**
- (v)** How can a baker be recognised? **[3]**



- IX.** Answer ANY TWO of the following three questions, in about 40-50 words. **[2 × 3 = 6]**
- (i)** Why did Sulekha start stammering? **[3]**
- (ii)** How did Richard's mother help him? **[3]**
- (iii)** Why did Matilda not like to visit her rich friend? **[3]**

- X.** Answer ANY ONE of the following two questions, in about 100-120 words. **[1 × 6 = 6]**
- (i)** Life is full of trials and tribulations. Kisa Gotami also passes through a period of grief in her life. How does she behave in those circumstances? What lesson does a reader learn from the story of her life? Give any two points how you would like to act in the midst of adverse circumstances.

**OR**

- (ii)** Chekhov made fun of courtship in his day by using humour and exaggeration in the play. Write a paragraph using examples from the lesson "The Proposal" to help you explain. Mention any values you believe are necessary for a successful partnership as well.

- XI.** Answer ANY ONE of the following two questions, in about 100-120 words. **[1 × 6 = 6]**
- (i)** "Richard Ebright possessed all the qualities required to succeed as a scientist." Justify.

**OR**

- (ii)** "Put the fear out of your heart and you will be able to speak like anyone else." These words of encouragement from the teacher highlight that change of social attitude and encouragement can help a child like Bholi to become confident and face the world bravely. Taking help from the lesson, 'Bholi' write how the social attitude towards Bholi made her an introvert. What should be done to help such children to face the world bravely?